

## **Minutes of South East Leeds Health and Wellbeing Partnership 29<sup>th</sup> November 2012**

### **Attendees:**

Dave Mitchell (Chair) – South CCG  
Bash Uppal – LCC Adult Social Care/NHS Leeds  
Pat McGeever – VCFS rep  
Cllr Paul Truswell – Inner South Elected Member Health Champion  
Cllr James Lewis – Outer East Elected Member Health Champion  
Councillor Shirley Varley – Outer South Elected Member Health Champion  
Ruth Middleton – SE CCG  
Gerry Shevlin – Community Safety  
Helen Wiseman – LYPFT  
Emma Stewart plus PA – LINK  
Aneesa Anwar – LCC Admin Support

### **In attendance:**

Lisa Lennon – Corporate research intelligence team  
Ellie Rogers – SE Area Support team

#### **1. Welcome, introductions and apologies**

Round table introductions were made and all welcomed to the meeting.

Apologies were received from Shaid Mahmood, Tom Smith, Barbara Temple, Janette Munton and Julie Bootle.

#### **2. Minutes of meeting held on 26<sup>th</sup> July 2012**

Agreed as an accurate record.

#### **3. Matters arising**

Min 4 Obesity review - presentation was circulated as discussed.  
NICE guidance has been published this week.

**Action: Aneesa** to circulate link to all.

#### **4. Follow up Obesity Review**

Bash went through the draft report.

Comments from partnership:

Statistics show that childhood obesity affects affluent areas as well as deprived areas. Childhood obesity is a priority in the city wide priority plan but there are no adult obesity indicators in the health and wellbeing strategy.

The partnership confirmed children's 10 year action plan in place and asked what impact had been over the last five years in delivery.

**Action: Ruth** to speak to Janice Burberry and team re impact etc from the strategy.

Integrating services is a must as it should be family centred approach. Bash informed partnership of children's pathways diagram.

**Action: Bash** to ask Janice for email copy to circulate / append to the report.  
Discussion about commissioning and various tiers of activity. Bash informed partnership of information Carol shared, which has been put into a table. This is also to be appended to the report.

**Action: Aneesa** to send definitions table document and all the other appendices out with minutes.

Community feedback suggested solutions to encouraging take up of physical activity programmes to be low cost provision, in the daytime and with crèche facilities. The majority of people didn't like how they looked and a number didn't know where to go for support to maintain their weight. The community tended to think more about physical activity as the solution with very little mention of food intake and addressing this factor.

Discussion on long lasting affects on children eating healthily when their grown ups eat healthy foods and encourage them to do so.

Partners expresses need to take collaborated approach ensuring issues in commissioning and delivery services are looked at together both on healthy eating and physical activity. To look at services geographically and targeted at areas of greatest need and with prevention at the forefront.

It was suggested to do a campaign working with local families and target through a range of key topics e.g. alcohol, healthy eating, physical activity etc. Choose a specific area in the locality and look at developing measures of success and rollout learning.

Suggestion included appointing a champion to lead this activity with specific focus on tackling obesity in the area. Should this be a post? Who would fund this? Post April could this be funded? Cllr Truswell said there may be some area committee funding available, so this is a possibility?

## Next steps

- **Action: Aneesa** to add page numbering to the report.
- Need to add Public health Leadership Team to the list of stakeholders to share report findings.  
**Action: Bash** to speak to Janette and Brenda about taking it to that meeting.
- Bring report back for sign off in January. **Action: Bash** to send draft report to stakeholders who have contributed information to check accuracy and any further amendments and then table on various boards.
- **Action: all** to send Bash any further comments by the 14<sup>th</sup> December.

## 5. Any other business

Bash circulated summary update document outlining work progressed by the Partnership. A lead member from the Health and Wellbeing Board had requested this update following a discussion at their last meeting on understanding role and outcomes of the area partnerships. Bash felt important for partnership members to have awareness of local successes and what's gone well to share with their respective teams (see attached).

Free School Meals wasn't on the update document but Bash informed the partnership that the programme ran in the summer holidays where eligible children took up free school meals in the Middleton cluster. Report has been shared with the child poverty sub group looking at free school meals take to up to discuss rollout.

**Action: Bash** to add this to her summary update and circulate with minutes.

## 6. Date and time of next meeting

24<sup>th</sup> January 2012 at 2 – 4 Civic Hall.